

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Regular/Supplementary
Examinations October 2019**

Nutrition and Dietetics

(2016 Scheme)

Time: 2 Hours

Total Marks: 35

- **Answer all questions**
- **Draw diagram wherever necessary**

Short Essays:

(3x7=21)

1. Give the nutritional needs of pregnant women and plan a menu.
2. Effect of weaning on mother and child.
3. Explain guidelines of balanced diet.

Short notes:

(2x4=8)

4. Give the dietary principles for cardiovascular diseases.
5. Discuss the need for community nutrition programme.

Answer briefly:

(2x3=6)

6. Importance of food hygiene during food preparation.
7. Advantages of school lunch programme
